



Name: \_\_\_\_\_

Use the table below to create your personal safety network.



**Find** the flags and swim \_\_\_\_\_ them.  
It is the safest place to swim because it is patrolled by lifesavers.

**Look** for the \_\_\_\_\_ signs.  
Safety signs will alert you of any important information needed to make your time at the beach safer and more fun.

**Ask** a lifesaver for some good \_\_\_\_\_ .  
Approach a lifeguard on patrol and ask them if there are any dangers to look out for at the beach.

**Get** a parent to \_\_\_\_\_ with you.  
Ask a parent to swim with you and look out for you during your time at the beach.

**Stick** your \_\_\_\_\_ up for help.  
This is the best way to attract attention in the water.