



# Surf Life Saving Australia

## Junior Preliminary Skills Assessment

### - Guideline -

|                  | Preliminary Evaluation   | Competition Evaluation   | Surf Education   |
|------------------|--|--|--|
| <b>Under 8</b>   | 25 metre swim, (any stroke).<br>1 minute survival float.   | Nil  | Surf Aware 1   |
| <b>Under 9</b>   | 25 metre swim, (any stroke).<br>1 minute survival float.   | Run-Swim-Run<br>(50m-50m-50m)  | Surf Aware 2   |
| <b>Under 10</b>  | 25 metre swim, (freestyle).<br>1 1/2 minutes survival float.   | Run-Swim-Run<br>(50m-50m-50m)  | Surf Safe 1  |
| <b>Under 11</b>  | 50 metre swim, (freestyle).<br>2 minutes survival float.   | Run-Swim-Run<br>(50m-100m-50m)   | Surf Safe 2  |
| <b>Under 12</b>  | 100 metre swim, (freestyle).<br>2 minutes survival float.  | Run-Swim-Run<br>(50m-100m-50m)   | Surf Smart 1   |
| <b>Under 13</b>  | 150 metre swim, (freestyle).<br>3 minutes survival float.  | Run-Swim-Run<br>(100m-100m-100m)   | Surf Smart 2   |
| <b>Under 14</b>  | 200 metre swim, (freestyle, in less than 5 minutes). 3 minutes survival float.                               | Run-Swim-Run<br>(100m-100m-100m)   | SRC*   |
| <b>Assessors</b> | Age Manager<br>Level 1 Coach<br>Level 1 Official<br>Training Officer (SRC/Bronze)<br>Assessor (SRC/Bronze)   | Age Manager<br>Level 1 Coach<br>Level 1 Official<br>Training Officer<br>(SRC/Bronze)<br>Assessor<br>(SRC/Bronze)                         | Age Manager<br>Level 1 Coach<br>Training Officer<br>(SRC/Bronze)<br>Assessor (SRC/Bronze)<br><br>*Assessment of SRC<br>can only be completed<br>by a trained assessor<br>(See 32 <sup>nd</sup> Edition<br>Training Manual) |
| <b>Notes</b>     | <i>Preliminary evaluation is undertaken prior to commencing any junior activity training or competition.</i> | <i>R-S-R must be achieved before being eligible to compete in water competition. This is a minimum standard proficiency requirement.</i> | <i>Every child must complete the relevant age Surf Education Award each year.</i>  |