



Topic	Learning Outcomes
<p><b>Introduction to Surf Life Saving</b> Lesson: My Beach Playground</p>	<p>Know their way around their surf club and beach Identify the junior activities boundaries</p>
<p><b>Personal Safety</b> Lesson: If I need help</p>	<p>Understand basic safety practices: how to signal for help, importance of having an adult present when in the water, and staying with the group at all times.</p>
<p><b>Ecosurf</b> Lesson: An interesting mix</p>	<p>Identify the variety of items that can be found on the beach Recognise the difference between natural items and rubbish on the beach</p>
<p><b>Sun Safety</b> Lesson: Slip, Slop, Slap and Slide</p>	<p>Understand the meaning of slip, slop, slap, slide</p>
<p><b>Surf Conditions and Hazards</b> Lesson: Danger Danger</p>	<p>Identify dangers at their beach</p>
<p><b>Surf Safety</b> Lesson: At arms length</p>	<p>Identify the role of an adult while at the beach</p>
<p><b>Patrols</b> Lesson: Beach patrol</p>	<p>Identify what a lifesaver does Identify the Red and Yellow patrol flags and what they mean Demonstrate the 'assistance required' signal</p>
<p><b>Wading</b> Lesson: Walking over water</p>	<p>Enjoy wading in and out of the water Develop confidence in the water</p>
<p><b>Wading</b> Lesson: In and out</p>	<p>Enjoy participating in a run-wade-run Develop confidence in the water</p>
<p><b>Beach Flags</b> Lesson: It's mine!</p>	<p>Enjoy playing beach flags</p>
<p><b>Beach Sprint</b> Lesson: In it together</p>	<p>Enjoy beach sprinting and participating in beach relays</p>